



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INTRO TO PICKLEBALL

w/**Dave Rollins (USA Pickleball Association Ambassador)**

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

BASICS OF PICKLEBALL

- A fun sport that combines many elements of tennis, badminton and ping-pong.
- Played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net.
- Played with a paddle and a plastic ball with holes.

WHEN: Jan 24th — Feb 28th
TIME: 10:00am—11:00am
LOCATION: GYM
PLAYERS: MIN 4—MAX OF 16
COST: \$35/MEMBERS—\$50/NON-MEMBERS

