

YMCA OF STEUBEN COUNTY

Newsletter



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF Steuben County

East Harcourt St., Angola, IN 46703

260-668-3607 www.ymcasteuben.org

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"ALL SUCCESSFUL PEOPLE, MEN AND WOMEN, ARE BIG DREAMERS. THEY IMAGINE WHAT THEIR FUTURE COULD BE, IDEAL IN EVERY RESPECT, AND THEN THEY WORK EVERY DAY TOWARD THEIR DISTANT VISION. ~BRIAN TRACY

WALK INTO MY FUTURE -WHO ARE MY CHAMPIONS



The 4th **WIMF** was held on Sept 20th when a few thousand Steuben and LaGrange County grade school students, 1st, 2nd, and 3rd grades, got to experience "college" when they descended upon the Trine University campus. They enjoyed a variety of events including a hula hoop hop, seeing whose paper airplane could fly the farthest, participating along with the YMCA Dance Cam, and watching their principals compete in the Build a Burger Relay. Each student received a Promise T-shirt and either a pencil case or Storm trading cards. The kids also got to see a YouTube Video on the Trine campus, describing college life, including various classes, living on campus, and extra curricular activities.

Now we are entering the 2nd phase of the Promise Program, **Who are my Champions**. During the October Champion Period, the Steuben County Community Foundation deposits another \$75 into an account, if a child's "champions" have deposited a minimal of \$25.

During **Who are my Champions** month, parents and teachers talk with a child about the people in his/her life who make a difference. Teachers, family members, neighbors, coaches or any adult who will support a child's dreams for the future can be a Champion. Champions believe that every child's life should be determined by his/her dreams and potential, and not by situational limitations. This combined with Steuben County Promise assists in supporting all youth in career discovery, academic readiness, acquiring post-secondary education and in promoting educational savings.

Champions month is designed to plant the seeds of hope for the future into youth throughout the state of Indiana, and specifically youth in Steuben County. A child's Champions will encourage him/her to discuss vocational dreams for the future. Champions can then respond with encouragement by contributing \$5.29 to the student's CollegeChoice Direct 529 savings account. Any student, K-3, who has established an account and raises at

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Come join your friends at the Y for a **THRILLING Halloween Party!** We will be opening our doors to ghosts and goblins so kids can have fun and celebrate Halloween in a safe environment. Participants will enjoy games and a candy give-away. And you never know.....a T-Rex might show up for the Howl!

The Howl is a free event and open to treat-or-treaters, aged 0-12 years old. We ask that kids who attend be dressed in a costume.

Date: Monday, October 29th

Time: 6:30—8:00 p.m.

Where: YMCA of Steuben County



Please bring a
canned food
item to help
stock Project
Help's food
pantry!

If anyone would like to donate bag or two of Candy for the Halloween Howl, please drop off in lobby. Thanks!



GROUP SWIM LESSONS

The next 7-week session of swim lessons are scheduled for October 16th through November 27th. If interested, sign up is available now. Sign up at the front desk.

Wavemaker Swim Team



The Wavemaker swim team is in full swing. This year we are offering a Junior Wave program for 10 and under kids. These kids have the opportunity for swim practices and meets. They will develop new friendships and team spirit.

Practice times are on the Pool Schedule in the main lobby.

The talented coaching staff is very passionate about this sport as they are all former swim team members. They are Sarah Weilein, Erich Kaiser, Nolan Kapkowski, Jesse Westfall, and Abby Moor. Kelly Shelburne has taken over as the new Wavemaker president.

Below is the home meet schedule in which both pool areas will be closing early.

Sat., Oct. 6
Sat., Nov. 10
Sat., Jan., 12

AHS Swim Team will start their season Monday, October 22. Details will be posted at a later date. It is always great to see high school swimmers that started swimming in the Wavemaker program years ago!

Master's Swimming

is a program for adults to improve their fitness through



structured workouts. We seek to provide mutual support, development and encouragement for the beginner to accomplished swimmer. The Master's Swim Schedule is October through May. Practice Times are below:

Saturdays: 10:00-11:30 a.m.
Sundays: 1:30-3:00 p.m.

least \$25 will receive a match of \$75 from the Steuben County Community Foundation.

To be eligible for the Champion \$75 match monies, accounts need to be opened no later than Oct. 15th. Opening an account is easy and only takes a few minutes. To open an account go to the Promise Indiana URL: <https://www.collegechoicedirect.com/home/vmca/promise.html>. **In order to be eligible for financial assistance through match funds, the enrollment period ends October 15, 2018.** Only accounts opened through the Steuben County Promise program are eligible for the Champion match. A Champion has two options to donate. (1) Give ONLINE at UGift529.com or option (2) Give a personal check.

Data shows that 62% of parents are concerned about the costs of supporting their child's future and post-secondary education. Bill Gates quoted, "By 2018, an estimated 63% of all new U.S. jobs will require workers with an education beyond high school. For our young people to get those jobs, they first need to graduate from high school and be ready to start a post-secondary education." Promise and CollegeChoice 529 are here to help **Make your Money Work** for a child's secure future!

The YMCA of Steuben County Promise in coordination with CollegeChoice 529, has made a financial "Promise" to youth, grades K-3. We encourage families to join us while we strive to assist families in saving money towards their child's post secondary education. All Steuben County schools have been working with students with Career Readiness Curriculums to encourage them to dream big about what they want to be when they grow up. Lastly, in addition to Trine University and WIMF, local manufacturers have been having open houses to encourage interest in skilled trades.

MAKING YOUR MONEY WORK:

Tax deferred earnings

Tax-free qualified state and federal withdrawals

Control over how assets are used

Gift tax and estate planning benefits

The Steuben County Promise pledges

match funds for K-3 youth No annual fee for Indiana tax payers

Use assets at any eligible 2- or 4-year college, trade, or vocational school in the country

Ugift—Others can help you save with online contributions.



For tax credits: If you are an Indiana tax payer (resident/ non-resident, married/individual), you are eligible for a state income tax credit of 20% of contributions to a CC529 account, up to \$1,000 credit per year.

For gift-tax purposes: Individuals can invest up to \$14,000 (\$28,000 for a married couple) per beneficiary without assuming any gift-tax consequence.

Summary: A postsecondary education may seem like a long ways away if your child is in kindergarten, but saving for it takes careful planning and it is wise to start now. Promise/CollegeChoice 529 offers a plan that is smart, flexible and affordable. Tax-deferred savings and tax advantages can potentially add up over time.

For more information here is a link to the CollegeChoice FAQ page: <https://www.collegechoicedirect.com/home/frequently-asked-questions.html>



Masie has been employed at the YMCA for two years in Child Watch. She can be recognized her by her never-failing smile.

Masie joined the Y staff after being a cashier at Wal-Mart for five years. She attended the Michigan Career Technical Institute, a trade school offering a variety of post-secondary career choices. Masie chose "retail" for her training. By working at the MCTI Retail Outlet she was able to transfer academics into hands-on application. Following graduation, she landed a job at Wal-Mart.

Later, another YMCA Child Watch employee, Cheyenne, encouraged her to apply at the Y. Masie did and she was hired on August 1, 2016.

Masie loves her job at the Y. "What makes it so enjoyable is the nice, relaxed atmosphere for the kids. I enjoy spending time, on their level, playing games and coloring, as well as reading stories to them." She added that she tries to ensure that the kids in her care are safe and learn basic life skills, like getting along and being respectful towards others. It is also important to her that the parents are satisfied, trust, and respect her.

Masie likes working at the Y because "The Y cares about its employees and members."

Masie would like to travel the United States one day. So far, her only big trip was to NYC for the senior trip while in high school. "It's time to see more," she said. Hobbies include reading and cooking. She likes to bake pies and cakes and her main dish specialty is Shrimp Linguini.

Masie is married. She met her husband when working at Walmart. Being very shy, Masie said that it took Corwin about five years of steady pressure for her to come out of her shell. However, she finally did, and that resulted in getting married. Their second anniversary is this month, October 15. Masie said meeting her husband was the best part of her former job at Walmart. :)

member SPOTLIGHT



When Lee Sauer comes to one's mind, what many would exclaim is, "Oh the caricaturist!" One of my first memories of Lee is associated with Abraham Lincoln and the Indiana Bicentennial. These two books were at the YMCA: *Drawing on History: Abraham Lincoln* and *Ralph's Indiana Bicentennial Coloring and Activity Book*. What amazed me was how cleverly Lee encouraged kids to enjoy history through coloring and learn to draw books. Then he did a caricature of my dog, Madison, and I was a forever fan.

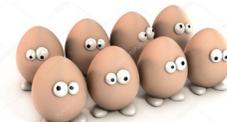
Lee has an interesting history. He received a B.S. in Education from Concordia University in River Forest, IL, and taught in elementary schools teacher for four years. Then he relocated to Alaska where he worked in the commercial fishing industry. Always interested in writing, Lee next became a partner with a newspaper in Wittenberg, WI. And later, he joined the staff of the *Evening Star* in Auburn.

After getting married, Lee took a leave from the paper and headed back to Alaska. Upon his return, he became the Bureau Chief of the *Evening Star's* new Angola office. Throughout his time with the *Star*, Lee did freelance writing and cartooning jobs on the side. Early in his *Star* days, Lee created a cartoon series, "Re-cyclone, Superhero of the Recycling Movement." When schools asked if the Recyclone could talk to kids about recycling, Lee donned a costume and went on the road. For 12 years, he traveled Indiana doing shows as his recycling superhero. Combining caricaturing, writing, school programs, and later adding handyman work, Lee left the *Star* to become a full-time free-lancer, a career that he continues.

Lee draws caricatures all over the Tri State area at fund raising events, weddings, corporate events, and company picnics. At the YMCA, Lee has joined us for the Parking Lot Parte and the Community Health Day. In addition to helping the Y with our fundraising events, Lee also appreciates using the Y for his wellness regime. He says the Y is a good place to work out and play some basketball, supporting his claim that "Exercise is free medicine." He appreciates the fact that the Y has been a part of his family time, especially his daughters who enjoyed pool activities. As for the future, he feels he can depend on the Y for his wellness needs.

In addition to his other books, Lee recently published a young adult novel titled *Token*. Set in a parallel universe *Token* follows the adventures of a young girl, with an unconventional past, who leads her friends, and some surprising animal allies, in saving a living mountain.

If interested in checking out Lee's books on Amazon.com, do a search of "Lee P. Sauer." *Token* is listed under Lee's pseudonym, "Lee Philipp," but a search for "Token Lee" will bring it to the top position. For information about Lee and his books, one can also check out drawingfromhistory.com or drawingsmiles.com.



For other interests, Lee enjoys playing the banjo, though he added that he does not play well. When not writing his own stories and drawing, Lee does a lot of reading and takes care of five chickens, who produce an overwhelming number of eggs.

Thanks to whoever donated the rejuvenated sweat towels to the YMCA! You are much appreciated!!

KRISTA'S CORNER



I am so proud to be part of an organization that is a major cornerstone for our community. What is special about the YMCA of Steuben County is our sense of community in working together, whether it be as individuals or community partners. At a recent meeting to honor donors, we viewed a video clip of some everyday joys and accomplishments that people experience while at the YMCA. Whether it be the kids interacting and playing together at summer day camp, LiveSTRONG®, swimming lessons, Pickleball, or Rock Steady Boxing where individuals are getting stronger to fight Parkinson's Disease, I know that that Y is making a difference in everyday lives as people build social networks, and achieve wellness goals. When each soul becomes a mirror for improved health and confidence, the community finds its reflection, and this is the measure of our greatness.

Everyone plays a role in making the Y work for individuals and each other. Every small contribution by staff, members, and visitors keeps advancing our goals to promote health and wellness and to contribute to a strong community. It does make a difference when human compassion, trust, and respect, are factored into the Y equation. This creates a positive network of power for individuals who come through our doors, then take that power into their communities to build strength at home and beyond.

As the world becomes increasingly distrustful and in conflict, being a part of an organization that strives to build bridges for a powerfully strong community is a redeeming grace. We, at the YMCA, are family and we are woven into the fabric of our community. We are part of something big and that is because of all of you. I would like to close my Korner with a quote that I believe is our mirror, and hopefully Y's reflection in our community. Thank you, staff, members, and partners for every contribution you make in making the YMCA a cornerstone in the Tri State community.

"When I was a young man, I wanted to change the world. I found it was difficult to change the world, so I tried to change my nation. When I found I could not change the nation, I began to focus on my town. I could not change the town and as an older man, I tried to change my family. Now, as an old man, I realize the only thing I can change is myself, and suddenly I realize that if long ago I had changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world." ~Author unknown.

Krista Miller, CEO

Shooting Stars: Youth Basketball—Ages 4-6 & 7-9



When: Oct. 25—Dec. 20 (Off Thanksgiving week)

Practice Times: Mon. @ 6 p.m. (4-6 age group)

Wed. 6 p.m. (7-9 age group) **Practice starts week of Oct. 29th**

Games: Thurs. nights, starting Nov 8 @ 6 p.m. (4-6 age group)
7 p.m. (age 7-9 age group)

Parent/Coaches mtg: Oct 25 @ 6 p.m. for both age groups.

Where: YMCA Gym **Cost:** \$50 members/\$65 non-members

Registration ends Oct. 23—late fee of \$10

Contact Jon Lies @ 665-3607 or Jon@ymcasteuben.org for more information or questions.



NEW AQUATIC CENTER HOURS

Mon.—Thurs.

**5:30 am—1:00 pm
3:30 pm—8:30 pm**

Fri.

**5:30 am—1:00 pm
3:30 p.m.—6:30 p.m.**

Sat.

8:00 am—3:00 pm

Sun.

1:00 pm—6:00 pm

These hours are effective Oct. 8, 2018

The YMCA of Steuben County Board of Directors thank you for your patience and understanding.

AOA EVENTS



3rd Thursday, October 18

11:15 a.m. @ YMCA Fitness Rm. Lunch provided.

Speaker: Sandra Baughman

Topic: Medicare Open Enrollment

4th Wednesday: October 24

3:00 p.m. @ the Brokaw

Free movie, sm. Drink, popcorn!