



YMCA OF STEUBEN COUNTY POOL SCHEDULE

Therapy Pool Schedule

MON	TUE	WED	THU	FRI	SAT	SUN
5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	8:30AM Pool Opens	Pool is Closed
5:30AM-12:00PM Open Swim	5:30AM-11:00AM Open Swim	5:30AM-12:00PM Open Swim	5:30AM-11:00AM Open Swim	5:30AM-12:00PM Open Swim	8:30-9:00am Mommy and ME	
12:00-1:00 PM Water Aerobics	11:00-11:50AM Aqua Yoga	12:00-1:00 PM Water Aerobics	11:00-11:50AM Aqua Yoga	12:00-1:00 PM Water Aerobics	Open Swim All Day	
1:00-8:30 PM Open Swim	11:50AM-5:30PM Open Swim	1:00-8:30 PM Open Swim	11:50AM-8:30PM Open Swim	1:00-6:30 PM Open Swim	Open Swim All Day	
	5:30-6:00pm Mommy and ME					
	11:50AM-8:30PM Open Swim					
Pool Closes at 8:30pm	Pool Closes at 8:30pm	Pool Closes at 8:30pm	Pool Closes at 8:30pm	Pool Closes at 6:30pm	Pool Closes at 4:30pm	Pool Closes at 5:30pm