



## YMCA OF STEUBEN COUNTY POOL SCHEDULE

### Therapy Pool Schedule

MON	TUE	WED	THU	FRI	SAT	SUN
5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	5:30AM Pool Opens	8:30AM Pool Opens	1:30PM Pool Opens
5:30AM-12:00PM Open Swim	5:30AM-11:00AM Open Swim	5:30AM-12:00PM Open Swim	5:30AM-11:00AM Open Swim	5:30AM-12:00PM Open Swim	<b>8:30-9:00am Mommy and ME</b>	OPEN SWIM ALL DAY
<b>12:00-1:00 PM Water Aerobics</b>	<b>11:00-11:50AM Aqua Yoga</b>	<b>12:00-1:00 PM Water Aerobics</b>	<b>11:00-11:50AM Aqua Yoga</b>	<b>12:00-1:00 PM Water Aerobics</b>	Open Swim All Day	
1:00-8:30 PM Open Swim	11:50AM-8:30PM Open Swim	1:00-8:30 PM Open Swim	11:50AM-8:30PM Open Swim	1:00-6:30 PM Open Swim	Open Swim All Day	
<b>Pool Closes at 8:30pm</b>	<b>Pool Closes at 8:30pm</b>	<b>Pool Closes at 8:30pm</b>	<b>Pool Closes at 8:30pm</b>	<b>Pool Closes at 6:30pm</b>	<b>Pool Closes at 4:30pm</b>	<b>Pool Closes at 5:30pm</b>